

	Peanut	Celery	Shellfish	Nuts	Gluten	Lupine	Mollusc	Mustard	Egg	Fish	Dairy products	Sesame	Sulphites	Soy
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Como Signature

Mediterranean Chicken Rice								●				●	●	
Spiced Spring Chicken		●	●	●	●		●	●	●	●	●	●	●	●
Greek Falafel Sunset		●	●	●	●		●	●	●	●	●	●	●	●
Light Mediterranean Breeze					●						●	●		●
Fresh and Veggie	●	●	●	●	●		●	●	●	●	●	●	●	●
Sea Sunny Salmon		●	●	●	●		●	●	●	●	●	●	●	●

Side Dips

Black Feta Dip											●			
Peppers Feta Dip											●			
Red Yogurt Dip											●			
Houmous Dip												●		
Tzatziki Dip											●			
Green Tahini Dip												●		

Sides Chauds

Roasted Broccoli					●							●		●
Roasted Cauliflower														
Italian Mac & Cheese					●						●			
Roasted Sweet Potatoes														
Grenailles Potatoes														
Mediterranean Shakshuka														

Sides Froids

Just Avocado														
Seasoned Cucumber Salad														
Balsamic Detox Bites													●	
Smoked Eggplant Salad														
Sunrise Salad				●										
Pure Green Salad				●										
Chickpea Parmesan Salad											●		●	

Sauces

Pesto Como Basilic											●			
Sauce Huille d'Olive														
Spicy Como														

Les Bases

Freekeh		●	●	●	●		●	●	●	●	●	●	●	●
Lentilles Beluga		●	●	●	●		●	●	●	●	●	●	●	●
Mâche-Épinards														
Quinoa aux Herbes Fraîches		●	●	●	●		●	●	●	●	●	●	●	●
Quinoa et Lentilles Beluga aux herbes		●	●	●	●		●	●	●	●	●	●	●	●
Riz Blanc														
Riz Noir														

	Peanut	Celery	Shellfish	Nuts	Gluten	Lupine	Mollusc	Mustard	Egg	Fish	Dairy products	Sesame	Sulphites	Soy
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Les Proteines

Zucchini Veggie Falafel	●	●	●	●	●			●	●		●	●		
Chickpea Falafel			●		●		●		●	●	●			●
Chicken Breast														
Summer Chicken														
Mediterranean Chicken								●						
Grilled Salmon										●				

Toppings

Citron														
Coriandre														
Grenade														
Sésames												●		
Copeaux de Parmésan											●			
Spicy Seed Mix												●		●
Feta											●			

Les Pains

Pita Bread / Wholemeal Pita Bread					●									
Pita Chips					●									

Les Desserts

Tiramisú					●						●			●
Oatmeal Vegan Dream					●									
Greek Cheesecake					●						●			●
Sicilian Cheesecake					●						●			●
Mouhalabia				●							●			
Chocoate Granola Bar				●	●				●		●	●		●
Honey Granola Bar				●	●				●		●	●		●

Edition Limitée Juan Arbelaez - Sides

Persillade mushroom salad by Juan Arbelaez														
Summer cherry tomatoes by Juan Arbelaez											●			

Edition Limitée Juan Arbelaez - Topping

Olives de Kalamata Kalios by Juan Arbelaez														
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Edition Limitée Juan Arbelaez - Como

Summer Chicken by Juan Arbelaez	●	●	●	●	●			●	●	●	●	●	●	●
Summer Veggie by Juan Arbelaez	●	●	●	●	●			●	●	●	●	●	●	●